



GREATER PITTSTON YMCA

Pool Schedule Summer Hours

Monday

6:30-9:00AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
9:00-9:30AM	LAP LANE OPEN	LAP LANE OPEN	WATER WALKING
9:30-11:15AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
11:15-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00-5:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
5:00-6:55PM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSON
7:00-7:45PM	LAP LANE OPEN	LAP LANE OPEN	AQUACISE
7:45-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM CLOSED

Tuesday

6:30-9:00AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
9:00-9:30AM	LAP LANE OPEN	LAP LANE OPEN	WATER WALKING
9:30-12:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

12:30-3:30PM CLOSED

3:30-4:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
4:30-5:00PM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSON
5:00-6:00PM	LAP LANE OPEN	SWIM LESSON	ARTHRITIS AQUACISE
6:00-7:10PM	LAP LANE OPEN	SWIM LESSON	OPEN SWIM
7:10-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM CLOSED

WEDNESDAY

6:30-9:00AM	LAP lane OPEN	LAP LANE OPEN	OPEN SWIM
9:00-9:30AM	LAP LANE OPEN	LAP LANE OPEN	WATER WALKING
9:30-11:15AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
11:15-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00-6:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
6:00-7:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
7:00-7:40PM	LAP LANE OPEN	LAP LANE OPEN	AQUACISE
7:40-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM CLOSED



THURSDAY

6:30-9:00AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
9:00-9:30AM	LAP LANE OPEN	LAP LANE OPEN	WATER WALKING
9:30-12:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

12:30-3:30PM POOL CLOSED

3:30-5:15PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
5:15-6:00PM	LAP LANE OPEN	LAP LANE OPEN	ARTHRITIS AQUACISE
6:00-8:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

8:30PM POOL CLOSED

FRIDAY

6:30-9:00AM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
9:00-11:15AM	LAP LANE OPEN	SWIM LESSON	OPEN SWIM
11:15-12:00PM	LAP LANE OPEN	LAP LANE OPEN	OLDER ADULT AQUACISE
12:00-5:00PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM
5:00-6:00PM	LAP LANE OPEN	LAP LANE OPEN	SPECIAL NEEDS SWIM
6:00-6:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM

6:30PM POOL CLOSED

SATURDAY

8:00-11:00AM	LAP LANE OPEN	LAP LANE OPEN	SWIM LESSONS
11:00-1:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM/BIRTHDAY PARTIES

1:30PM POOL CLOSED

SUNDAY

10:30-1:30PM	LAP LANE OPEN	LAP LANE OPEN	OPEN SWIM/BIRTHDAY PARTIES
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1:30PM POOL CLOSED

IMPORTANT SAFETY INFORMATION:
Children must be 16 years of age (or older) to be in the pool without an adult
Lap lanes are for member 13 years and older
Children 0-5 years old, are NON SWIMMERS and MUST remain in shallow water
Babysitters bringing children to the pool must be 18 years of age (or older)
No gum in pool area
44 laps = a mile