



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## GREATER PITTSTON YMCA - PHASE 2 REOPENING

**Facility Hours: Monday-Friday 5:30am – 7pm | Saturday 8am – 1pm | Sunday 9am – 12pm**  
**SENIOR (62yrs & up) FITNESS CENTER HOURS: Monday, Weds, Friday 9:30a-11:30am**

### PEOPLE

- All staff are thoroughly trained on COVID transmission prevention and new cleaning protocols prior to working in facilities
- Only Greater Pittston YMCA members may enter the facility (no guests or nationwide members)
- Members will be screened before entering facility (health questions and temperature checks)
- Members self-scan upon entry (staff will not handle cards, phones, or any other person's belongings)
- Members self-scan check-out upon leaving the facility
- All staff, members and vendors will be asked to wash and/or sanitize hands upon entry and exit
- Staff will be asked to wash their hands frequently
- Numbers will be controlled throughout the building
- Staff required to wear PPE (eg. mask, gloves in certain areas); members must wear PPE in community spaces (lobby, hallway, waiting areas) (eg. mask, gloves)
- Children in childcare are segregated from members
- All staff, members and vendors who are unwilling to comply with the Y's COVID transmission prevention measure will be asked to leave the facility immediately

### FACILITY

- Entire facility will be cleaned and disinfected prior to opening and after closing each day.
- All equipment, areas, spaces, surfaces, etc. will be cleaned throughout the day (minimum of every two hours) and before opening and after closing. Members are asked to use the provided cleaning supplies to clean equipment before and after each use.

#### Areas, open with restrictions:

- Cardio and strength areas open with significant restrictions on capacity and activities
- Water fountains can be used, but to re-fill bottles only
- Daily Childcare (separated from general membership)
- Seating areas significantly reduced to prevent gathering
- Furniture repositioned to be at least six feet apart
- Designate Locker Rooms
- Pool

#### Closed areas:

##### Lobby areas-Remove seating

- All group exercise rooms
- Steam rooms and saunas
- Child Watch area for members
- Gym – use for childcare and fitness classes
- No Pickleball
- Locker rooms closed to members, except pool users
- No equipment will be provided for fitness classes

### ACTIVITIES & PROGRAMS

- All group activities in facilities may be limited and/or cancelled including, but not limited to all group exercise classes, swim lessons, water aerobics, swim team, Active Older Adults programming, Boot Camp, Basketball, Volleyball, etc)
- Traditional circuit training prohibited (individuals may only use one piece of equipment at a time)
- Pool usage (by appointment only) Private swim lessons can start
- Pickleball closed

### COVID-19 TRANSMISSION PREVENTION SUMMARY

- Rigid social/physical distancing practices and policies
- Individual level activities only
- Barriers installed in Welcome Center
- Hand sanitizer placed throughout the building
- Facility and equipment thoroughly cleaned and disinfected daily (before opening, after closing each day and throughout the day)
- One-way indoor traffic patterns implemented where feasible
- Members will be REQUIRED to clean any equipment they use before and after each use
- Spacing markers on floors to keep everyone at least 6ft apart
- Signage installed and staff monitoring all areas with more than one member to enforce social distancing practices
- Equipment spaced to maintain appropriate social distance
- Limit facility/areas to 50% of capacity
- Members, vendors and staff will wash/sanitize hands upon entry and exit
- Staff will wash hands frequently
- All staff and members are required to wear PPE
- Members' and staff personal belongings stored in designated areas only (no personal belongings may be left out in the open)
- Fever checks of all staff, members and vendors upon entry
- Any individual who displays any symptom of an illness may not enter the building